



DISTRICT ONE

December 2016



NATIONAL ATHLETIC TRAINERS' ASSOCIATION

A newsletter dedicated to informing District One members on Athletic Training news and events essential to the profession

## DISTRICT OFFICERS

*Director*

**Tim 'Westy' Weston**

*Secretary*

**Vicky Graham**

*Treasurer*

**Diane Sartanowicz**

## Notes from the Director



Dear District One Membership,

This Special Edition of the District One Notes contains news from our State Presidents and Committee Chairs on their recent activities and future directions. We wish you safe travels over the holidays, and hope you enjoy time with family and friends as 2016 comes to a close. I look forward to seeing many of you in Philadelphia in January for the EATA Conference.

Happy Holidays to you all,  
*Westy*

**NATA District One wishes you and your family...**



## Important Dates

### SAVE THE DATES

#### **EATA Conference**

January 6-9, 2017  
Philadelphia, PA

#### **NATA Symposium**

Houston  
June 26-29, 2017

### DEADLINES

December 31, 2017

Jack Cramer Scholarship **applications due**  
**Foundation Scholarship**

Deadline: Jan. 13, 2017

#### **CUATC Award nominations**

Deadline: Jan. 31, 2017



*From the Secretary*  
**Vicky Graham**

The NATA currently has over 45,000 members, including 2968 in District One. Your membership is extremely important in supporting the efforts of the NATA to advance the profession.

We thank you for your membership, and will continue to work hard to advocate for you and our profession.

## District at a Glance

### By Gender

	Count
Female	2207
Male	1675
N/A	72

### By Status Matrix

	Active	Suspended	Total
Certified Regular	1987	0	1987
Associate	25	0	25
Retired Certified	81	0	81
Honorary	9	0	9
Non-Member	0	986	986
Student Undergrad	573	0	573
Student Graduate	14	0	14
Student Certified	79	0	79
Career Starter Cert	200	0	200
<b>Total</b>	<b>2968</b>	<b>986</b>	<b>3954</b>

### Member Counts Matrix (Excludes Suspended Members)

	CT	MA	ME	NH	RI	VT	Total
Certified Regular	459	852	211	214	118	133	1987
Associate	8	12	1	1	2	1	25
Retired Certified	15	38	10	8	5	5	81
Honorary	1	5	1	1	1	0	9
Student Undergrad	136	214	59	86	24	54	573
Student Graduate	0	9	1	2	2	0	14
Student Certified	32	19	6	8	7	7	79
Career Starter Cert	44	80	21	25	13	17	200
<b>Total</b>	<b>695</b>	<b>1229</b>	<b>310</b>	<b>345</b>	<b>172</b>	<b>217</b>	<b>2968</b>



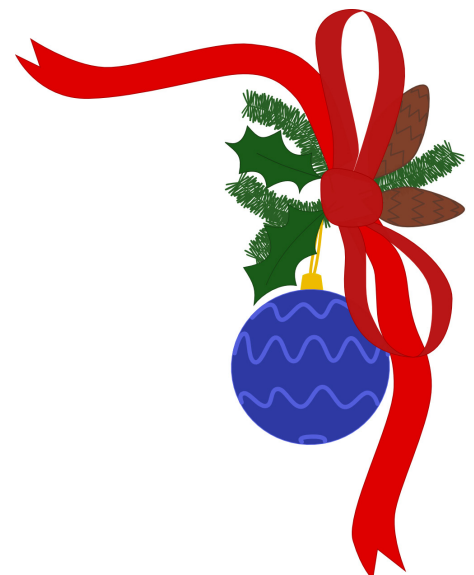
*From the EATA President*  
**Jennifer Brodeur**

We look forward to seeing you in Philadelphia for the 69<sup>th</sup> Annual EATA Conference, held January 6-9, 2017 at the Loews Hotel. We have an outstanding educational program, including EBP sessions on each day of the conference. Make sure to purchase a NATAPAC pint glass and get free refills during the EATA Reception at the 2<sup>nd</sup> Annual NATAPAC fundraiser. We'll have a very special announcement you won't want to miss at this year's Banquet! And no EATA would be complete without the Collins Reception, which this year will feature live music from the band Backtrax!

Follow EATA on Twitter [@EATA49](#) – please post your photos during the meeting in Philadelphia!

### Volunteers Needed for AT Career Workshop at EATA

The Ethnic Diversity Advisory Committee is hosting a workshop for high school students in the Philadelphia area on Friday, Jan 6, 2017 at the Loews Hotel from 1-3 pm. Volunteers are needed from all settings and backgrounds, including students and young professionals. If you are interested in volunteering at this event, please contact [Roy Flores \(arflores77@gmail.com\)](#). Over 80 high school students have signed up for the event!



# District One Membership Meeting

The next District One Membership Meeting is at EATA, on **Sunday, January 8, 2017, from 10:00 - 11:30 am**, at the Philadelphia Loews Hotel, in Commonwealth C-D (2nd FL).

**State Meetings** at EATA will be held on **Saturday, January 7, 2017, from 4:00 – 5:00 pm**. All rooms are on the 3rd floor.

**Connecticut**  
Washington A

**Massachusetts**  
Washington B

**Maine**  
Tubman

**New Hampshire**  
Washington C

**Rhode Island**  
Adams

**Vermont**  
Anthony



*From the Treasurer*  
**Diane Sartanowicz**

Account balance as of November 30, 2016  
Account balance as of November 30, 2015  
**Difference**

\$273,627.43  
\$258,518.85  
**\$15,108.58**

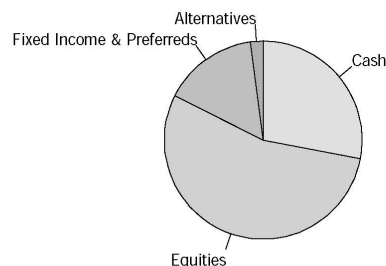
## ASSET ALLOCATION (as of November 30, 2016)

ASSET ALLOCATION (includes accrued interest)

	Market Value	Percentage
Cash	\$76,567.08	27.98
Equities	149,054.34	54.47
Fixed Income & Preferreds	42,242.56	15.44
Alternatives	5,763.45	2.11
<b>TOTAL VALUE</b>	<b>\$273,627.43</b>	<b>100.00%</b>

*FDIC rules apply and Bank Deposits are eligible for FDIC insurance but are not covered by SIPC. Cash and securities (including MMFs) are eligible for SIPC coverage. See Expanded Disclosures. Values may include assets externally held, which are provided to you as a courtesy, and may not be covered by SIPC. For additional information, refer to the corresponding section of this statement.*

*This graph does not reflect corrections to Net Invested Capital or Market Value made subsequent to the dates depicted. It may exclude transactions in Annuities or positions where we are not the custodian, which could delay the reporting of Market Value or affect the Net Invested Capital.*



*This asset allocation represents holdings on a trade date basis, and projected settled Cash/BDP and MMF balances. These classifications do not constitute a recommendation and may differ from the classification of instruments for regulatory or tax purposes.*

Dues collected June-Dec 2016  
Dues collected June-Dec 2015

**\$11,620.00 + the December 20<sup>th</sup> dues disbursement**  
**\$42,802.52**

Allocations from above distributed to the states for dues

FY 2016  
FY 2015

**\$6,179.60 + the December 20<sup>th</sup> dues disbursement**  
**\$21,317.60**

Liabilities - none.

Due to the timing of this special edition December Notes, the above numbers do not accurately reflect the dues collected. Membership continues to increase steadily and so we anticipate a robust December disbursement. The above information is a brief snapshot; I look forward to providing you with a detailed financial report at our business meeting at EATA in Philadelphia.

Respectfully submitted,  
*Diane Sartanowicz*





*President*

**Dominique Mathieu Ross, PhD, ATC**

In the past 6 months, ATOM has focused on following through with our legislative agenda, increased our involvement with other professional organizations and began planning our Spring conference series.

Near the end of the legislative sessions, ATOM executive board and several key members made a final push at the statehouse. We visited every senator's office in hopes of garnering support to push the bill as it moved to the floor for a vote as an amendment to a "jobs bill." Despite all our efforts, we were blocked by a few senators and last minute opposition.

The bill was pulled and we have decided to go back to the drawing board as we gear up to refile for this next legislative session. We've begun strategically planning meetings with the MA Orthopedics and MA OT organizations. We've also begun identifying AT friendly businesses that may be willing to testify in support of our bill. We're hoping to double the number of co-sponsors this January.

In addition, ATOM provided public testimony in response to the Board of Allied Health Professions proposed Rules and Regulations changes. We are anticipating the results of this process to be shared soon.

ATOM has increased our visibility by working with the Concussion Legacy Foundation, the MA Concussion Management Coalition and the MIAA Coalition for the Prevention of Substance Misuse.

We are currently planning our annual Spring Conference in collaboration with RIATA to be held in RI next year. We've put out a call for abstracts and look forward to creating a great hands-on conference. Our YP committee is beginning to plan our YP spring event and helped to evaluate scholarship applications.

### **Call for Proposals RIATA/ATOM Conference**

ATOM and RIATA have issued a Call for Proposals for their joint meeting, which will be held on Thursday May 25, 2017 at Johnson and Wales University in Providence. The **deadline** for proposals is **December 31, 2016**. [Click here](#) for more information.



## *President*

**Jeffrey Shanley, MBA, MS, LAT, ATC**

The CATA has been extremely busy since the end of the NATA annual meeting. The new Executive Council hit the ground running starting a month early this year due to the amount of work needed. The biggest news so far has been that the Department

of Public Health chose the Athletic Training Scope of Practice request for a full scope review. This process is used by DPH to assist in getting a new scope passed. The Executive Council and GAC decided to have Gary Morin and Eleni Diakogeorgiou represent the CATA at the scope meetings. So far two out of the three meetings have taken place with the last to occur on December 14th. Please look for a full recap of these meetings to be presented to the members at the state meeting during EATA and in our January e-blast.

The CATA is also just starting to wrap up our annual coat drive this year. We have collected coats since 2010 and have provided over 2000 coats to those in need during the winter. This program is run by the Public Relations Committee and has been one of their biggest projects for many years.

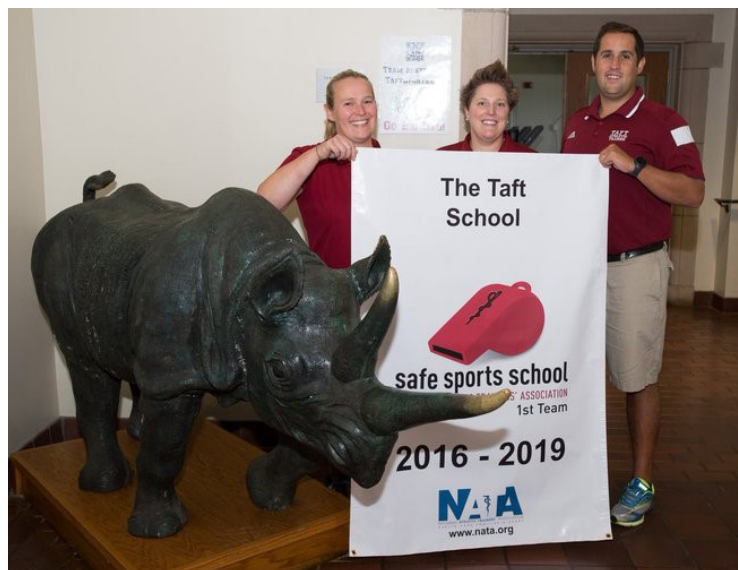
I would like to congratulate the Green Farms Academy, the Taft School, and Wilton High School

on being named NATA Safe Sports School Award winners this past fall. This brings us to a total of 9 schools in Connecticut that have received this award.

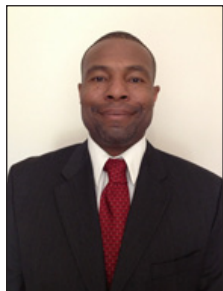


We would also like to congratulate CATA member **Nicole Klarides-Ditria, Athletic Trainer at Luralton Hall High School (pictured left)** on being elected to the CT House of Representatives.

Finally, I would like to remind everyone that our Annual Symposium will be occurring again this May with a date and site TBD. We have already lined up a great group of speakers for this year's meeting. I hope everyone has Happy Holidays and please contact us with any questions you may have at [ctathletictrainers@gmail.com](mailto:ctathletictrainers@gmail.com).



*The Taft School AT staff: Maggie Duer-Wilson, Rachel Cohen and Sergio Guerrara.*



*President*  
**Chuck Carter ATC**

Like her five sister states in New England, New Hampshire experiences the seasonal changes of the year. Spring showers make way for cool summer evenings, cookouts, and beach getaways. Fireflies give way to autumn leaves to be raked, frosty lawns, and hoodies. Before you know it, flurries are coating your fields and it is time to bring your splint bags to the rink. Just as the dropping of the ball in Times Square signals the start of a New Year, it will also signal the start of a new term of leadership for the NHATA.

On January 1, 2017 **Ben Towne (pictured right)**, will be stepping into the role of NHATA President. Ben is a faculty member of University of New Hampshire's ATEP program in Durham. He brings several years of experience in leadership roles from his time on the MATA Executive Board.



As Ben enters his role, he will inherit the Northern New England Athletic Trainers Conference (NNEATC).

The NNEATC is a regional educational symposium offering BOC approved CEU's close to home. It rotates through the states of NH, Maine, and Vermont. This summer, New Hampshire will play host from June 16 -17. Planning is taking place by the Educational Committee and volunteers are will be needed. So, save the date and look to the NHATA website for the final location and information on presenters and workshops.

The 3rd Annual NHATA Golf Tournament will take place on July 22nd at Beaver Meadow Golf Course in Concord, NH. The event is a fundraiser to support the educational and scholarships of our organization. It is also an opportunity for members and supporters of the NHATA to play a round in a social setting and win a few prizes. This summer we received generous sponsorships from Concord Orthopedics, New Hampshire Orthopedic Center, Advanced Orthopedics Specialists, and several others. This event could not be successful without the effort of several NHATA volunteers. If you would like to participate as a golfer or volunteer, contact the NHATA.

Ben will be left in good hands. Current Executive Board members TJ Smith and Lisa Dupuis will continue in their roles until January 1, 2018. This will give Ben and anyone interested in filling their shoes an opportunity to inquire about the roles of these office and learn.

As a final note, I would like to acknowledge and thank the efforts of all who helped me in the past three years. This association has great members with a variety of talents. We are sitting on a lot untapped potential in this state. I feel confident Ben will be able to get the best out of us.

Wishing us all a Happy, Healthy and prosperous New Year!







*President*

**Christopher Rizzo MS, ATC, CSCS**

Members of the Maine Athletic Trainers' Association have had a successful summer and fall with respect to honors and awards.

Barbara Blackstone, MS, ATC, Coordinator of Athletic Training Education at the University of Maine at Presque Isle received the Athletic Training Service Award at NATA in June.

In addition, Athletic Trainers at the Secondary Schools continue to be recognized for their great work through the Safe Sport School Award and other grants. We are incredibly proud of the following schools and their respective AT's.

South Portland High School - John Ryan, EdD, ATC  
 Cheverus High School - Katy McCarthy, ATC  
 Deering High School - Greg Tosi, MS, ATC,  
 Dexter Regional High School - Christina Mountain, ATC  
 Orono High School - JP Stowe, ATC

Also of note is that Deering, Dexter and Orono High Schools were recipients of the District One Safe Sport School Grant!

In other Secondary School news, Maine Central Institute and Head Athletic Trainer, Kyle Gilson, MS, ATC became the first in the state to receive the Back to Sports Mini-Grant from the NFL and American Heart Association.

The MATA held its fall business meeting on Friday, November 4th at MaineGeneral Medical Center. The focus of this meeting was to provide the membership with updates from individual committees. There are some exciting initiatives in Maine, including the annual spring educational conference. This event will be held on Friday, March 10th 2017 at the Double Tree Hotel in South Portland, ME. The session will offer attendees 6.5 CEU's.

The University of Maine at Presque Isle hosted the annual Athletic Training Student Symposium on November 11 and 12th. *(Pictured below)* Over 50 Athletic Training Students representing the four accredited programs in the state were treated to a weekend of educational sessions, networking and local food!





Vermont Association of Athletic Trainers



*President*  
**Timothy Tourville, Ph.D., ATC**

Since the NATA meeting in Baltimore business for the VAAT has been progressing forward as we move toward the end of 2016. I recently had the honor of representing the VAAT at the NATA-sponsored Wisconsin Athletic Trainers' Association Third-Party Reimbursement Seminar. This event was attended by 135+ ATs representing 30 different states. I'm happy to report that along with our success in the clinical setting in Vermont, third-party reimbursement progress is being made in states such as Wisconsin, Indiana, Kansas, and Texas.

We have begun laying the preliminary foundation for a student-organized ATEP seminar that will rotate annually between our three different ATEP institutions. Given our relatively close proximity, as well as the wealth of knowledge we can share through direct collaboration and education, this has been a "pet project" idea for many years and we're happy to see things beginning to materialize. We look forward to providing updates as the project evolves. From a PR perspective, you have undoubtedly seen our updated logo, and our Facebook page and Twitter social media outlets are up and running. We are in the process of providing a much-needed ground-up overhaul to our website, which we hope will result in a more user friendly and professionally presented hub for information that we want to disseminate to our members and the public alike.

I would like to announce an opening in our Executive Committee for the position of President-Elect, as we have recently had an unexpected vacancy in that newly-filled position. We are in a critical year regarding our legislative activities during the upcoming session in Montpelier, which are a primary focus of the VAAT, and we will need an "all-hands-on-deck" grassroots approach from our committees and our overall membership if we are to succeed. Consequently, our Executive Committee has opted to hold an expedited nomination and election process to give our membership as much of a voice in the position filling process as possible. Please send nominations to our Treasurer and Chair of our Election Committee - Vin Faraci: [vinfaraci@comcast.net](mailto:vinfaraci@comcast.net) - by December 25th.

At that time nominations will close, and we will begin an expedited election process. Should no nominations be received, the Executive Committee will proceed with the direct solicitation of interested candidates, and will proceed with the appointment to fill this vacancy in a timely manner per our bylaws.

Thank you all for your commitment to the VAAT and profession of athletic training in Vermont, please don't be afraid to get involved and help continue the forward momentum of our association. I look forward to seeing you all at the 2017 EATA Convention.



Rhode Island Athletic Trainers' Association



*President*  
**Valerie Webber, MS, ATC**

Happy Holidays from Rhode Island! I would like to start off by congratulating St. Andrew's School (Barrington, RI), 1st team Safe Sports School, & Mt. Hope High School (Bristol, RI), 2nd team Safe Sports School, on their recent awards. The RIATA has a couple of big events planned in January. The first event is the Health Expo on January 14, 2017 from 10am-6pm at Warwick Mall. The RIATA will have a booth and will also have a 20-minute presentation spot in the concourse to educate and promote our profession. The second event the RIATA will be hosting is the winter conference on January 23, 2017. We will have Dr. Nasin and Bert Reid presenting at the conference.

Currently, our organization is working with our lobbyists to propose a bill to mandate AT's at all practices and games at the secondary level. We are looking to get support from the representative and senator who sponsored the bill last year, as well as getting written testimony from various outside personnel. We hope we will have a sponsor for the bill by mid-January. Lastly, in March, we will have secured a week of radio commercials on a popular station 92.3 Pro FM, which reaches listeners all over Rhode Island and in Southeast Massachusetts. Our focus for the radio commercial is to promote our profession as well as our legislative bill if we get sponsorship.



## NATA District 1 Committee Updates



### *Student Leadership*

**Shelby Watts** - Chair

The Student Leadership Committee has been hard at work planning the student section of the NATA convention for 2017, promoting the Athletic Training profession, and trying to get more students involved. We have been reviewing applications for the SLC positions that will be available in 2017.

The District 1 Student Ambassador program is functioning as a group to bounce ideas off each other for events such as fundraising and community service, as well as how to get more students involved at their respective programs. We are planning on having our first face to face meeting at the upcoming EATA conference in January.

Students should be aware of scholarship opportunities available to them. These opportunities can be found on the NATA website or the NATA Foundation website. District 1 and District 2 are working together to hold a student forum at EATA, the Leadership Roundtable. This will allow students the opportunity to talk one on one in a casual setting with some of the most influential people in the Athletic Training profession. Past leaders have included District Directors, BOC directors, and CAATE board members. Hope to see everyone there!

### **2016-17 District One Student Ambassadors**

Katlyn Carr	Quinnipiac University
Doug Terrone	Sacred Heart University
Anthony Ah-Mu	Southern Connecticut State University
Tristan Zurawlow	University of Connecticut
Anna Apllegate	Boston University
Haruki Mukohchi	Bridgewater State University
Raymond Antoun	Lasell College
Stephanie Collins	Massachusetts College of Liberal Arts
Emily Morrison	Merrimack College
Monique Marcelino	Springfield College
Emma Burgason	University of Maine - Orono
Sara Packard	University of Maine - Presque Isle
Amanda Matuszek	Colby-Sawyer College
Brianna Ferullo	Plymouth State University
Francesca Harvey	University of Vermont
Kelly Meyer	Castleton State College
Daisy Ramirez	Norwich University

If your school is not represented, contact **Shelby Watts** for information on how to become a Student Ambassador!



### *Professional Development*

**Gina Kostyun** - Chair

If you have not yet had a chance to log onto the new **NATA**

**Professional Development Center** under the Career & Education tab on the NATA website, please take some time to do so. The Development Center offers varying levels of educational development for practicing professionals, ranging from on-demand courses and webinars to formal certificate programs. There are a variety of topics covering basic updates and refresher courses to advanced clinical concepts and evidence-based practice. In addition to the current lineup of excellent programs, there are topics of clinical relevance that will soon be available for advanced education. The Professional Development Committee hopes to unveil a certificate programs on both Mental Health and Manual Therapies soon. Stay tuned for more information!



### *CUATA Update*

**Robert L. Howard** - Chair

The College University Athletic Training Committee (CUATC) has been working behind the scenes with an active voice in a number of national projects and tasks force groups this past year.

This includes the upcoming NCAA & NATA sponsored Summit on Appropriate Medical Care for Intercollegiate Athletics, the soon to be released BOC Guiding Principles for AT Policy and Procedure Development, the NATA Transition to Practice Work Group, the ECE Internship Work Group and the Documentation Best Practice Work Group. Each project has the potential to affect the profession of athletic training so I wanted to remind everyone that your input is valued and important. Please do not hesitate to reach out with any ideas and/or concerns. Lastly, I am requesting that people take a few minutes and nominate deserving individuals for the following CUATC awards:

- Head Athletic Trainer of The Year
- Assistant Athletic Trainer of The Year
- Above and Beyond Award
- New Horizon Award

Nominations are due by January 31st and can be found under **Committee Awards in the Honors & Awards** section of the NATA website. Please **email me** with any questions, and enjoy the holiday season.



## Professional Responsibility

**Jeff Konin** - Chair

The Professional Responsibility Committee (PRC) was founded and approved by the NATA Board of Directors in June

2016. The first conference call (Oct. 7, 2016) focused on research up-dates, drop box information, and projects/activities.

### MISSION

The mission of the Professional Responsibility Committee (PRC) is: *to support the legal, ethical, and regulatory (LER) practice standards<sup>1</sup> by encouraging and promoting adherence.*

<sup>1</sup> LER standards are broadly used to include, for example, NATA *Code of Ethics*; Bioethical Principles; Values and Ethics of *Interprofessional Collaborative Practice*; BOC *Standards of Professional Practice*, State Practice Acts; laws (FERPA, OSHA, HIPAA) that impact professional practice.

### GOALS

1. streamlining LER resources
2. educating professionals how to exercise those LER standards
3. establishing an online presence

Rationale to add standing committee includes advancing conjoined LER issues

To date, no other NATA committee has the primary charge to advance conjoined-LER-issues and adherence of professional standards<sup>1</sup> through **professional development and support.**

### MEMBERSHIP REPRESENTATION

NATA Districts (Districts 1-10); Strategic Alliance (BOC, CAATE, Foundation); KEY NATA COMMITTEES (GAC, COPA, COPE, Federal Legislative)

### ACTIVITIES

PRC Presentations

- **NATA 2017** (June): *Legal, Ethical, and Regulatory Issues: Reducing Exposure to Risk and Liability* (Principles of Evidence Based Practice)
- **BOC 2017** (July): *Regulatory conference: Update from the Professional Responsibility Committee: Uncovering Legal, Ethical, and Regulatory Issues in Athletic Training*
- **District 3** (May): *Professional Responsibility: What we need to know about*

*tort law and professional ethics in the athletic training educational setting*

- **District 5** (March): *HIPAA, FERPA and the contracted athletic trainer*
- **District 10** (March/April): *Creating Physician Agreements and Standard Protocols*
- **iLEAD** (February): *informal presentation – pending*
- **State Leadership Forum** (June 2017): *PRC: What it Provides for the Membership*
- **District Lecture Series** (2018 or 2019): *Return-to-Play: Legal/Ethical dimensions of decisions following acute injures and following a rehabilitation protocol – pending*

### Disclosure

- NATA PRC makes a good-faith effort to provide the membership with educational materials that may be useful in understanding legal/ethical/regulatory (LER) issues, practice standards, and adherence. Members needing legal advice should consult an attorney.

### PRC Infographic

- Developed an infographic for the new mentorship program

### Legal Newsletter: PRC Column

- PRC will write a column for the NEW Quarterly Legal Newsletter
- FIRST PRC Column (Jan 2017) is submitted - *Standing Orders: What Do They Mean, and Do I Need One?*

### COLLABORATION

- NATA AT Documentation Work Group – Looking at creative ways under the legal, ethical, and regulatory (LER) umbrella for the PRC and the Work group to disseminate AT documentation guidance.





## NATA GAC *Update*

**Jamie L. Musler** - Chair

The NATA GAC recently completed its review of legislative grant applications for 2017. A total of 35 states requested funding totaling \$750,000. Discretionary grant requests totaled \$737,500 and matching grant request totaled \$12,500. The NATA has awarded over \$523,000 in discretionary grants in support of state legislative efforts. State associations in District 1 continue to move forward with their legislative and governmental affair agendas, and received over \$58,000 in legislative grants and up to an additional \$4000 in matching grants.

### State Legislation and Regulation

New Hampshire worked with Governor Maggie Hassan to proclaim March athletic training month and continued their work educating and building their political relationships.

In Massachusetts, ATOM worked with the Board of Allied Health to respond to an Executive Order requiring government agencies to review regulations for unnecessary cost, as well as burdensome and complexity language. ATOM continues its work on two bills one to update the practice act and the second is in support of consumer choice in health care prohibiting insurance companies from denying third party reimbursement to Athletic Trainers.

RIATA continues to educate the legislators as well as the general public as it works to require athletic trainers in all secondary schools as well as review and update AT practice language.

The CATA introduced SB 356: An Act Concerning Athletic Trainers. The Bill intended to update CT AT practice act, was passed by the Public Health Committee but was not voted on in the Senate. The CATA opposed two concussion Bills, 5141 & 5130, during the legislative session. Both bills did not pass.

VATA is working with the VT Office of Professional Regulation to address work place definitions for ATs as they relate to third-party reimbursement of services provided by clinical ATs.

### Federal Legislation and Regulation

**H.R. 921: The Sports Medicine Licensure Clarity Act**, has been voted on and passed the House. Now the bill will go to the Senate for consideration. The bill must pass both bodies before it can be taken to the

President for signature into law. The Senate version, S. 689, has sixteen co-sponsors.

**H.R. 829: The SAFE PLAY Act**, has 47 co-sponsors, and the Senate version, S. 436, has one co-sponsor. **H.Res. 112: The Secondary School Student Athletes' Bill of Rights**, has 55 co-sponsors, and S. Res. 83 has two co-sponsors.

### Update: Federal Judge Delays U.S. Department of Labor Overtime Rule

On November 22, U.S. District Judge Mazzant of Texas, suspended the Department of Labor's overtime rule indefinitely. The overtime rule expands the number of workers eligible for overtime. The rule's new salary level of \$47,476, an increase from the current floor of \$23,660, would render 4.2 million formerly exempt workers now eligible for overtime. The injunction is a temporary measure which suspends the regulation until the court can issue a ruling on the merits.



## *AT Cares*

**Laura Darby McNally** - Rep

ATs Care is a peer-to-peer support program designed to offer crisis management training opportunities for athletic trainers dealing with the aftermath of a critical incident or catastrophic event. The program, will offer training opportunities to athletic trainers from a leading organization in crisis management training. The training will enable members to enhance their knowledge of crisis intervention and to equip them to support their peers in the aftermath of a critical incident.

ATs Care is a newly established NATA program. Since beginning work this fall, the Committee has created a mission statement, and subcommittees are working on policies, procedures, and committee structures for each district. Committee members will be attending two days of crisis intervention training Jan 27-29, 2017. There will be opportunities for members to take part in such training during the NATA meeting in Houston.

We have had some schools dealing with deaths this year, and AT cares hopes to get up and running to aid these institutions going forward with resources and assistance. If you hear of a death, catastrophic injury or any other crisis in your area that the AT Cares committee should know about, please contact me at [ldarby@mxschool.edu](mailto:ldarby@mxschool.edu).





## SSATC Report

**Denise Alosa** - Chair

The SSATC has been administering the District One Safe Sport School Award Grant program. So far, nine schools have received District One grants, which cover the cost of the application. Eight schools who were awarded grants have received the

Safe Sports School Award this fall. District One has a total of 44 schools who have received either 1st or 2nd Team Safe Sports School Awards, including the following schools who have been honored in the past month. Congratulations from District One to:

### 1st Team Safe Sports School Award Recipients:

- Cheverus H.S., Portland, ME; Katie McCarthy, ATC  
Dexter Deering H.S., Portland, ME; Greg Tosi, ATC \*
- Dexter Regional H.S., Dexter, ME; Christina Mountain, ATC \*
- Lawrence Academy, Groton, MA; Frank Mastrangelo, ATC
- Mt. Abraham Union Middle/High School (VT); Megan Quiet, ATC \*
- Orono High School, ME; JP Stowe, ATC \*
- Plymouth Regional H.S. (NH) John Brule, ATC \*
- St. Andrews School, Barrington, RI; Valerie Webber, ATC \*
- Wilton H.S., Wilton, CT; Eric Bailey, ATC & Emma Traggianese, ATC \*

### 2nd Team Safe Sports School Award Recipient:

- Mt. Hope High School, Bristol, RI; Kristina Keddie, ATC \*

*\*application was supported by a District One Safe Sports School Award Grant*

The SSATC has also been busy working on the **Athletic Training Location and Services (ATLAS) project**. The project consists of two components, first to get all secondary schools in the United States "mapped", marking whether or not they have athletic trainer services, full-time, part-time or none. The second part is to have the athletic trainers at the schools take a survey with more detailed information about the services at the school. District 1 is happy to be leading the country with two states (VT, ME) completely mapped, and a third 95% (CT) mapped. There is still work to be done. By June 1<sup>st</sup>, 2017 the goal is to

finish up mapping the rest of District 1. Let's be the first District to complete this momentous task!



Schools are encouraged to nominate qualifying students for the **Jack Cramer Scholarship**. If you are a secondary school AT with a student aide who is a senior, and is planning to apply to an AT education program, please consider nominating your student! The deadline for applications is Dec 31, 2016.

The District 1 Gatorade Secondary School Athletic Trainer Award recipient will be honored at the upcoming EATA Conference in Philadelphia. The SSATC is also busy assisting Gatorade/PFATS/NFL and the NATA with the new pilot NATA/NFL AT Initiative Grant in four states (AZ, OR, IL, OK). Secondary schools in those states without AT's are encouraged to apply.

The SSATC session at the NATA meeting in Houston is scheduled for Tuesday afternoon, June 27. Dr. Brian Hainline, NCAA Chief Medical Officer will be the featured speaker.



## Nominations Committee Update

**John Ryan** - Chair

Currently there is nothing new to report, but be watching for a call for nominations in June of 2017 for District

1 Director and Treasurer, as both Tim Weston and Diane Sartanowicz terms will both expire. Elections for both District 1 Director and Treasurer will then take place in the Fall of 2017. A year ago, we set a goal of 500 votes cast and narrowly missed that goal with 474 votes casts. Once again, we have established a goal of 500 votes cast and are hoping to far exceed that number. Remember that District 1 is only as strong as its membership and it is critical that each of us exercise our individual voices in determining the future direction of the District.

Wishing each of you a happy and safe holiday season.



# safe sports school

NATIONAL ATHLETIC TRAINERS' ASSOCIATION

## District One Safe Sports Schools

Complete list of District One Safe Sports Schools to date  
If you're a Safe Sports School, [please send us a photo!](#)

### Connecticut

Berlin High School  
East Haven High School  
Greens Farms Academy  
Lyme-Old Lyme High School (Old Lyme)  
Marianapolis Preparatory School (Thompson)  
New Canaan High School  
The Taft School (Watertown)  
Westbrook High School  
Wilton High School

### Massachusetts

Berkshire School (Sheffield)  
Essex Technical High School (Hathorne)  
Groton School  
Lawrence Academy (Groton)  
The Fessenden School (West Newton)  
Westborough High School  
Weston High School

### Maine

Biddeford High School  
Cheverus High School (Portland)  
Maine Central Institute (Pittsfield)  
South Portland High School  
Orono High School  
Dexter Deering H.S. (Portland)  
Dexter Regional H.S. (Dexter)

### New Hampshire

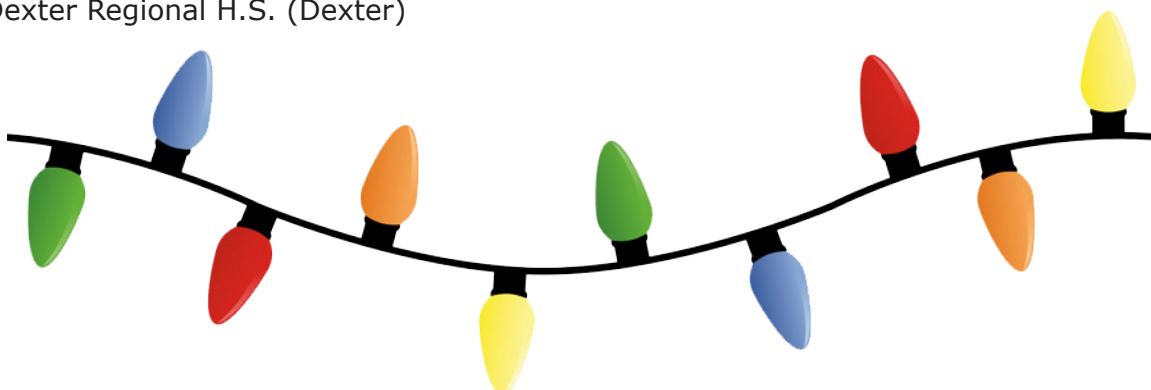
Bedford High School  
Bishop Brady High School (Concord)  
Bishop Guertin High School (Nashua)  
Campbell High School (Litchfield)  
Goffstown High School  
Manchester Central High School  
Manchester High School West  
Manchester Memorial High School  
New Hampton School  
The Derryfield School (Manchester)

### Rhode Island

Mt. Hope School (Bristol)  
St. Andrews School (Barrington)  
East Providence High School  
Lincoln School (Providence)  
St. Georges School (Middletown)  
St. Mary Academy Bay View (Riverside)

### Vermont

North Country Union High School (Newport)  
South Burlington High School  
U-32 (Montpelier)





## COPA Update

**Molly Paturzo** - D1 Rep

The NATA Committee on Practice Advancement is comprised of members from all settings, including clinical and emerging practices, with experience in billing, revenue generation, reimbursement, job creation and practice advancement.

Its mission is to advance the athletic training profession in business and employment opportunities, compensation, and brand recognition of athletic trainers as health care professionals.

COPA members are involved in at least one workgroup. Workgroups are comprised of committee members as well as other AT leaders outside the committee in the areas of:

- Communications
- Healthcare Administrators
- Military
- Occupational/Industrial
- Performing Arts
- Physician Practice
- Worth to Value

Each workgroup has had a very busy and productive year. Each has compiled many employment resources now available to the membership on the NATA website [here](#), and are excited to have more projects in development for 2017. COPA had another busy Convention in Baltimore - Performing Arts and Physician Practice again hosted successful pre-conference workshops, COPA hosted their annual networking reception, and again compiled a list of COPA-recommended sessions and activities for those interested in the emerging settings, revenue, reimbursement, and the advancement of the profession.

COPA also has appointees to NATA initiatives and Interassociation Task Forces on:

- Transition to Practice
- Documentation
- Terminology
- Professional Responsibility
- Medication Management

COPA is staying in touch with ATs in more ways than ever before, and we want to hear from you!

- Receive the quarterly e-blasts for the Emerging Settings – subscribe [here](#)

- Follow us on Twitter [@NATA\\_COPA](#)
- Connect on Facebook [@NATACOPA](#)
- Join the NATA Emerging Settings Athletic Trainer Group on LinkedIn [here](#)

Happy Holidays from COPA, see you in Philly and Houston!





## *Housing is Open for 2017 NATA Convention*

Housing has opened for the 68th NATA Clinical Symposia & AT Expo in Houston. Act quickly to **reserve your hotel** room at the best rates!



### **EDAC** *Update*

**Ami Adams** - D1 Rep

The EDAC team will be hosting an event at EATA for local high school students to learn more about the athletic training career. It will be held on Friday, Jan 6, 2017 and is tentatively

scheduled from 1-3 pm; location TBA. We need volunteers from all settings and backgrounds, and from all ranges including students and young professionals. If you are interested in our event, please contact Mr. Arturo "Roy" Flores who is the EDAC representative for D2 for specifics. His e-mail is: [arflores77@gmail.com](mailto:arflores77@gmail.com).

EDAC has been busy the last few months reviewing grants and reviewing the applications submitted for the iLEAD program. We had fantastic applicants submit their materials to us. iLEAD is a workshop designed for undergraduates, specifically juniors and seniors, who are looking to work on their leadership skills. EDAC has been working closely to help fund those who may need some financial support for this great opportunity. Unfortunately, we were not able to fund everyone, but we have some phenomenal athletic training students participating in the upcoming meeting in February. Please look at the NATA website for additional information regarding iLEAD and the program!

The Mentoring program is organized by the EDAC team. Please look at the Mentoring page on the NATA website; this is a great tool to help mentor younger athletic trainers. We need some more representation from D1!

We hope everyone has a safe rest of 2016, and are looking forward to a great 2017!



## *D1 History & Archives Update*

**Jeff Stone** - Chair

Season's Greetings and Happy Holidays to all my friends in District One...and hopes for a Happy and

Safe New Year!

The first delivery of archive material has been delivered to Bridgewater State University, which will start the task of completing documented histories for the EATA and District One. This is an ongoing process of researching collected paperwork, gathering donations of memorabilia from deceased members (through their family's memorial efforts), and fulfilling requests for information on past and present members.

In this regard, I am reaching out to the District One membership for your help...and offering you a chance to clean out your files, cellars, attics and athletic training rooms and supply closets...If you are willing to donate information (Newsletters, membership files and directories, pictures, NATA convention t-shirts, old Cramer Products supplies, old textbooks, et al)... please contact me at [jstone@suffolk.edu](mailto:jstone@suffolk.edu) or see me at the EATA meeting...thanks!!!

Recent filings and compiled reports for archiving include the collection of speeches from past Pinky Newell Award winners; a compilation of District One Scholarship winners from the EATA (broken down by school); District One Honors and Awards lists (EATA and NATA); the collection of a list of officers from the EATA Student Delegation; and a complete District One NATA Hall of Fame list.

This archival journey is a perpetual scavenger hunt... something new every day...from retrieving old athletic training textbooks to writing a memorial tribute to my dear friend, Jack Baynes...we must cherish the past and embrace the future!



### AT Loyal Giving Society

The AT Loyal Giving Society was established in celebration of the 25<sup>th</sup> anniversary of the **NATA Foundation**. Charter members were announced in October, and includes any contribution made to the Foundation for the past five years (2011 to December 31, 2016). All donations received by December 31 will establish the donor level for our charter members. [Click here for more information, or to contribute.](#)

### Apply Now for NATA Foundation Scholarships and Grants

The NATA Foundation is accepting applications for scholarships and grants. Deadlines are approaching quickly!

**Scholarships** (undergraduate, Master's, Doctoral): Deadline to submit is **January 13, 2017**.  
**Grants** (Master's and Doctoral): Deadline to submit is **February 15, 2017**.

[Click here for more information.](#)

## *NATA Membership Renewal Time!*

For those who have not yet renewed their membership in 2016, we are offering a membership promotion for the rest of the year that includes three additional CEU credits to be used in the newly launched NATA Online Professional Development Center by Dec. 31. This means that for the cost of one year of membership, a member will receive a total 13 CEU credits (three to be used in 2016, and 10 to be used in 2017) and all the benefits that come with membership through the end of 2017.

If you did not receive an email with your NATA membership renewal invoice, check your spam folder and make sure your correct email address is on file with the NATA. Multi-payment installment plans are still available! Click [here](#) for more information.



## *Public Relations Update*

**Matt Campbell** - Chair

The Public Relations Committee has had a constructive last half of the year. The committee has undergone an update and refreshing. We have updated our mission statement and our vision so that we can continue to support this wonderful profession. To continue to serve the profession the best way we can we have implemented a few new projects, that we plan to begin this January. Please stay tuned.

The National Athletic Training Month (NATM) theme this year is **Your Protection is Our Priority**. Please visit the NATA website and view the **PR Toolkit** for tips on how to make the most out of NATM. If you have any questions, please contact me or your state PR representative.

Other Districts of the NATA have created incredible videos displaying the NATA theme in action in their districts. I would like District 1 to be one of those districts that has a fantastic video this year. Please contact me if you are interested in being a part of this video or can help in any way. Thank you!



**DISTRICT ONE**





## Young Professionals Committee Update

**Beth Wolfe** - Chair

Our newly formed District 1 YPC has officially launched and we are proud to welcome the following YPs as our state representatives for the inaugural D1 YPC:

Michael Dias (CT)	(@ctathletictrain)
Brett Winston (MA)	(@ATOM_YPC)
Kate McCarter (ME)	(@MATA_YPC)
Nick Laurence (NH)	(@NHATAAssociation)
Victoria Cooley (RI)	(@RIATA6)
Michelle Stemper (VT)	(@YPC_Vermont)

Our committee is very active on social media and provides lots of information through their accounts, so be sure to follow your state's Twitter and Facebook account(s)!

### Upcoming Events:

2017 EATA YP Peer-to-Peer Session: **January 6<sup>th</sup>, 2016, 4-5 pm**. We will be hosting a round table discussion with the leaders of our profession, and this will be your chance to have a one-on-one conversation with many notable leaders of our profession. The session is FREE and is open to any student or YP within the profession. We hope to see you in Philly!

NATM in NYC: we will kick off National Athletic Training Month (NATM) at the TODAY Show and GMA on **March 3<sup>rd</sup>, 2017**! Check the [Facebook page](#) for more details on how to RSVP: .

Want to keep up with the latest D1 news? Be sure to follow us on [Facebook](#) at and Twitter @NATA\_District1. If you have news, an event, or an article that you would like to be retweeted, posted, or promoted please send a direct message to us through

Twitter or Facebook or tag us in your posts. The NATA YPC is also on Twitter. Follow us at @NATA\_YPC.

We are looking forward to seeing you in Philly and Houston this year!



## Stay Connected

DISTRICT ONE



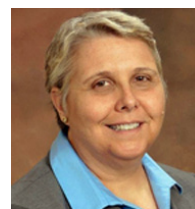
*Director*

**Tim 'Westy' Weston**



*Secretary*

**Vicky Graham**



*Treasurer*

**Diane Sartanowicz**

